

CSL University Leadership Program: Program Schedule						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location/ Time	To be announced	To be announced	To be announced	To be announced	To be announced	To be announced
8:00 - 9:00	Registration	Work-Life Balance Day-Launch Session: Yoga or Meditation	Work-Life Balance Day-Launch Session: Yoga or Meditation	Work-Life Balance Day-Launch Session: Yoga or Meditation	Work-Life Balance Day-Launch Session: Yoga or Meditation	
9:00 - 9:30	Intros and Ground Rules (9:00 - 10:30)	Leadership Reflection	Leadership Reflection	Leadership Reflection	Leadership Reflection	Leadership Reflection (10-10:30)
9:30 - 11:10	Break (10:30-10:50) Leadership Session (10:50-11:50) The Characteristics of an Effective Leader	Leadership Session Doing Good and Doing Well: How to Balance Your Passion and Your Paycheck	Leadership Session Leadership Style/Know Your Blind Spots	Leadership Session Make Peace with Disapproval/Don't Tie Your Self-Confidence to Your Performance	Leadership Session The 9 Strategies of Effective Time Management	Leadership Session Real Power (Empower Other Leaders)
11:10 - 11:30	Leadership Character Qualities: Trust and Empathy	Leadership Character Quality: Passion	Leadership Character Quality: Self-Awareness	Leadership Character Quality: Self-Esteem	Leadership Character Quality: Discipline	Leadership Character Quality: Humility
11:30 - 12:30	Goal-Setting Session (11:50-12:30)	Breakout Sessions	Goal-Setting Session	Breakout Sessions	Breakout Sessions	Break (12-12:20)
12:30 - 1:50	Lunch	Lunch	Lunch	Lunch	Lunch	Evaluation (12:20-1) Graduation Lunch (1 - 2:30) (Participants share new goals developed during week)
1:50 - 3:10	Skill-Building Session The Job Search	Skill-Building Session Interviewing for Success	Skill-Building Session Developing a High-Quality Resumé	Skill-Building Session Networking	Skill-Building Session Expanding Your Influence and Navigating Through Office Politics	
3:10 - 3:30	Break	Break	Break	Break	Break	
3:30 - 5:00	Leadership Session Leadership Communication	Leadership Session Managing People: How to Walk the Tightrope Between Flexibility and Control	Leadership Session Don't Let Having a Career Prevent You From Having a Life	Leadership Session: (10:30-12) Becoming a Change Agent (Discover the Selfless Motivation Within)	Leadership Session Balancing Success and Happiness	
	Leadership Character Quality: Engagement	Leadership Character Quality: Flexibility	Leadership Character Quality: Balance, Pt. I	Leadership Character Quality: Service	Leadership Character Quality: Balance, Pt. II	
5:00 - 6:00	Identify Primary Leadership Challenge for Breakout Sessions (Optional)	Leadership Roundtables (Optional)	Leadership Roundtables (Optional)	Leadership Roundtables (Optional)	Goal-Setting (Optional)	
				7:30 pm Dinner out together (Optional)		